

MONTYS BREAKFAST MENU

TEE OFF

Full Monty (G)(D) 70
Pancakes Stacked with Fried Eggs and Crispy Turkey Bacon, Mixed Berries Drizzled with Maple Syrup

English Breakfast (G)(D) 75
Two Eggs any Style, Veal or Turkey Bacon
Chicken Sausage, Hash Browns Potato, Sautéed Mushrooms and Baked Beans

Eggs Florentine (G)(D) 60
Toasted Tomato Ciabatta, Sautéed Spinach, Grilled Turkey Ham with Hollandaise Sauce

Buttered Broccolini (D)(G) 60
Boiled Eggs on Brown Toast, Chive Sour Labneh, Pomegranate, Tomato Salsa with Herbs and Veal Sausage

Croissant Benedict (D)(G) 60
Two Poached Eggs on Toasted Croissant with Hollandaise Sauce
Served with a Choice of Turkey Bacon or Smoked Salmon

Eggs on Truffle Cheese Toast (G)(D) 60
Toasted Multigrain Bread Topped with Truffle Cream Cheese, Avocado, Baby Spinach and Poached Eggs

Breakfast Bagel (G)(D) 55
Toasted Sesame Bagels with Choice of Two Egg, Cream Cheese with Crispy Turkey Bacon or Smoked Salmon

Noodle Soup 50
Chicken Broth, Crispy Tofu, Shitake, Pok Choy Kimchi and Rice Noodles

Smashed Avocado Toast (G)(D) 60
Two Poached Eggs on Toasted Bread with Avocado, Tomato Relish

Baked Shakshuka Eggs with Merguez Sausage (G) 55
Two Eggs with Tomato, Merguez, Capsicum and Coriander Sauce

Make Your Own Yummy Omelette 55
Fillings: Turkey Bacon, Mushrooms, Tomato, Cheddar Cheese, Onion, Capsicum, Chili, Sautéed Spinach
Served with Hash Browns

Truffle Mushroom (V)(D) 55
Toasted Multigrain Bread, Smashed Avocado with Truffle Mushroom

Arabic Cold Mezze(V)(D) 55
Hummus, Chick Peas with Tahina, Garlic and Parsley
Labneh Ishtora with Virgin Olive Oil Eggplant Mutable with Labneh and Rocket leaves, Served with Arabic Bread

ADD ON

Smoked Salmon	20
Chicken Sausage	10
Turkey Bacon	10
Sautéed Mushrooms	20
Baked Beans	10
Additional Egg	10
Hash Browns	15
Veal Sausage	20

STICKY & SWEET

Waffles (D)(G)(V) 50
Berry Compote, with Chocolate Sauce or Maple Syrup

French Toast (D)(G) 55
Berry Compote, Cinnamon Sugar with Maple Syrup

Pancake Stack (D)(G)(V) 55
Caramelized Banana, Berries, Maple Syrup

Bircher Muesli (D)(G)(V)(N) 50
Homemade Muesli with Green Apple, Mix Nuts, Berries, Dry Fruits

Bakery Basket (3 Pieces) 35
Selection of Danish Pastries, Plain Croissants, Pain au Chocolate

HEALTHY CORNER

Acai Bowl (N)(D) 45
Banana, Granola, Strawberry, Raspberry, Dragon Fruits, Pomegranate and Mix Nuts

Low Fat Fruity Yoghurt (D) 40
Freshly Cut Berries, Organic Honey

Chia Porridge 50
Oats, Coconut Milk, Organic Chia Seeds, Caramelized Bananas

Falafel Bowl (V) 45
Green Peas Falafel, Cucumber, Tomato, Green Leaves and Sesame Tahina Sauce

Vegan Breakfast (V)(G) 69
Scrambled Tofu on Roasted Portobello, Sautéed Kale and Spinach, Pomegranate, Semi Dried Tomato and Hash Browns

Sweet Potato Smash Paleo Bowl(V)(N) 45
Coconut Milk, Baby Spinach, Buttered Almond, Mix Berries

Greek Yogurt (D)(N) 45
Served with Nuts and Honey

Seasonal Fruit Plater 40
Selection of Sliced Fresh Fruits with Mixed Berries

Organic Granola and Chia Parfait (D)(G)(V) 45
Layers of Granola, Yogurt, Pomegranate, Chia and Raspberry, Couli

Kid's Corner

Supper Platter 35
An Egg Made your Favorite way, Sausage, Hash Browns

Bacon Egg On Toast 35
Toast Bread, Bacon and scrambled Eggs

Happy Cake 30
Fluffy Pancakes Vanilla Cream, with Strawberry Sauce

Waffle Pops 30
Half Moon Waffle, White Chocolate

Mini Pancakes Stacks 30
Banana, Mix Berries, Maple syrup

Fruity Pebble French Toast 30
Baked French Toast with Whipping Cream, Maple Syrup and Fruity Pebbles

Banana Sushi 30
Melted Peanut Butter, Mix Berries, Chocolate Chips and Crunchy Crackers

Selection of Cereals (V) (N) 25
Granola, Cornflakes, Frosties, Coco Pops,
Served with Full Fat, Low Fat Milk or Soy Milk

Porridge 30
Oats, Milk, Caramelized Bananas

MONTYS



ALL DAY BREAKFAST (G)	AED
Two Eggs any Style, Veal or Turkey Bacon, Chicken Sausage, Hash Browns, Grilled Tomato	70

BITES AND SNACKS

Chili Beef Nachos (D)(G)	55
Beef Chili, Crispy Nachos, Cheese Sauce and Jalapeño	
Battered Prawns (D)(G)(SF)(A)	65
Battered Prawns, Coriander, Cajun Mayo	
Crispy Squid (D)(G)(SF)	50
Lime Aioli, Spicy Tomato Dip	
Beef Mini Burgers (D)(G)	50
Cheddar Cheese and Caramelized Onion	
Chicken Samosa (D)(G)	50
Mint Chutney	
Grilled Halloumi (D)(V)	50
Olives, Tomato Sumac Salad	
Chicken Wings (G)(N)(SOY)	35
BBQ Sauce	
Mini Falafel (V)(SE)(N)	40
Tahina	
Vegetable Spring Roll (G)(V)(CEL)	40
Sweet Chili Sauce	
Monty Sharing Platter (G)(N)(D)(SF)(SE) (Offer)	110
Halloumi Cheese, Chicken Wings, Crispy Squid, Chicken Samosa, Falafel	

SOUPS

Creamy Butternut Squash (D)(G)	50
Butternut Soup with Goat Cheese	
Potato Leeks Soup (D)(G)	55
Garlic Croutons	
Miso Soup (G)(SF)(SB)	35
Tofu, Spring Onions, Seaweed	

MONTYS



LEAN AND MEAN AED

Crispy Goat Cheese Salad (D)(N)(G)	70
Goat Cheese, Baby Spinach, Almond Flakes, Caramelized Pear, Semi-Dried Tomatoes with Lemon Dressing	
Power Protein Salad (G)(N)(V)	75
Organic Quinoa, Kale, Kidney Beans, Edamame, Roasted Chickpeas, Grilled Butternut Squash and Shaved Almond with Honey Vinaigrette	
Classic Caesar Salad (D)(G)(SF)	55
Romaine Lettuce, Anchovy, Parmesan, Turkey Bacon, Semi-Dried Cherry Tomatoes, Garlic Croutons, Quail Egg	
Burrata Salad (D)(G)(N)	70
Pesto-Marinated Heirloom Tomatoes, Garlic Brioche Croutons, Balsamic Glaze	
Du Puy Lentils and Watercress Salad (V)(D)(N)	65
Green Lentils, Watercress, Candied Walnuts, Halloumi Cheese, Green Apple with Balsamic Dressing	
Thai Beef Salad (G)(N)(SF)(SOY)	65
Tomato, Cucumber, Spring Onion, Glass Noodles, Coriander, Bean Sprouts with Thai Dressing	
Seaweed Salad (A)(G)(S)(SB)	65
Chuka Wakame, Seaweed, Cucumber Pickles, Frisee Lettuce, Cherry Tomatoes, Soy Plum Dressing	
Falafel Bowl (V)(SE)(G)	55
Green Peas Falafel, Cucumber, Tomato, Green Leaves and Sesame Tahina Sauce	
Salmon Tataki Salad (G)(S)(SOY)	75
Fresh Salmon, Green Lettuce Mix, Carrot, Avocado, Fried Garlic, Onion Flakes, Red Radish, Sesame Miso Dressing	

ADD ON	AED
Chicken Breast / Smoked Salmon	25
3pc Tiger Prawns	35

SAVOURY SANDOS

Pastrami Sandwich (D)(G)(N)	60
Pastrami, Vegetable Slaw, Mild Cheddar, Multigrain Bread	
Chicken Club Sandwich (D)(G)(E)(N)	85
Layered Grilled Chicken Breast, Turkey Bacon, Fried Egg with Mayonnaise, Lettuce, Avocado, Cheese, Tomato in Toasted Multigrain or White Bread, French Fries	
Steak Sandwich (D)(G)(MU)	85
Toasted Baguette Bread, Grilled Beef, Mushrooms, Onion, Mustard Butter and Emmental Cheese	
Caramelized Onion and Mushroom (D)(G)(V)(N)(MU)	65
Toasted Multigrain Bread, Caramelized Onions, Mushrooms, Gruyere Cheese, Sweet Potato Fries	
Feta Cheese Sandwich (D)(G)(V)(N)	65
Focaccia Bread, Romaine Lettuce, Basil Pesto, Sweet Potato Fries, Mint	

MONTYS FAVOURITE AED

Salmon Fillet (D)(S)(N)	125
Basil Mashed Potato, Green Pea Mosaic, Fennel Salad	
Baked Whole Sea Bream (SF)(D)	110
Garlic-Marinated Sea Bream, Herbs, Mediterranean Salsa	
Salmon Poke Bowl (G)(SF)(SOY)	87
Fresh Salmon, Avocado Dice, Cucumber Slice, Pickle Capsicum Cabbage, Seaweed, Edamame, Spring Onion Calrose Rice	
Miso Black Cod (G)(S)(SB)	160
Miso-Marinated Black Cod, Baby Eggplant, Leeks, Hajikami, Cress Mix, Plum Sauce, Miso Basil Sauce	
Traditional Fish and Chips (D)(G)(A)(E)	115
Lightly Beer-Battered Cod Fish, Mushy Peas, Tartar Sauce	
Chicken Milanese (D)(G)(N)(CEL)	85
Breaded Chicken Breast with Mozzarella Cheese, Tomato Sauce, Pesto Pasta with Rocket Salad and Parmesan	
Jidori Chicken (D)(G)(SB)	120
Miso-Marinated Chicken Thigh, Potato Purée, Bok Choy, Capsicum, Zucchini, Cress Mix, Spinach, Mustard Teriyaki Sauce	
Butter Chicken or Vegetable Masala (G)(D)(N)	99/75
Butter Chicken Masala Served with Steamed Rice, Paratha, Poppadum and Raita	
Arabic Mix Grill (D)(N)(G)(SE)	115
Chicken Shish Tawouk, Harissa Beef Kebab, Lamb Chops Oriental Rice, Hummus	
Bibimbap Beef (SO)(SE)(G)	85
Calrose Rice, Shitake Mushrooms, Shimeji Mushrooms, Spinach, Carrot Slice, Capsicum Slice, Zucchini Slice, Sautéed Minced Beef, Spicy Chili Bibim Sauce Topped with Fried Egg	
Beef Tenderloin (D)(G)	185
Sautéed Spinach, Grilled Asparagus, Roasted Herbs Potato with Veal Jus	
Black Pepper Wagyu Rib Eye (D)(G)(SOY)	210
Wagyu Rib Eye, Eringi Mushrooms, Shimeji Mushrooms, Asparagus, Spring Onion, Onion, Black Pepper Teriyaki Sauce	
Black Pepper Veggi Beef (G)(V)	110
Beyond Beef, Eringi Mushrooms, Shimeji Mushrooms, Asparagus, Potato Wedges, Spring Onion, Onion, Black Pepper Yaki Sauce	
Traditional Shepherd's Pie (D)(G)(A)	95
Slow-Cooked Lamb and Mushroom Stew Served with Creamy Mashed Potato and Garden Salad	
Buddha Bowl (G)(N)(V)	85
Faro Rice, Roasted Sweet Potato, Crispy Tofu, Spring Onion, Avocado, Rocket Salad with Thai Peanut Sauce	
Chinese Chicken Wonton Soup (G)(SOY)(E)	55
Bok Choy, Scallions and Egg Noodles, Sriracha Sauce	
Satay Combo (N)(SOY)(SF)(SE)	65
Beef and Chicken Satay, Fried Garlic Rice, Crackers, Peanut Sauce	

Mexican Sizzling Platter (D)(G)(V)(SF)	AED
Served with Guacamole, Salsa, Sour Cream, Flour Tortilla	
Vegetarian	75
Chicken	75
Beef	85
Mixed (Beef, Chicken, Prawns)	105

SIGNATURE BURGERS AED

Classic Burger (D)(G)(SE)(E)	85
220g Beef Patty, Tomato, Boston Lettuce, Caramelized Onions and Gherkin, French Fries	
Montys Pulled Beef Burger (D)(G)(SE)(E)	85
Slow-Braised Short Rib, Coleslaw, Crispy Onion Rings, Sunny Side-Up Egg and Mayo, French Fries	
Corn Chickpea Bunless Burger (V)(G)(SE)	85
Corn and Chickpea Patty, Portobello Mushrooms, Grilled Vegetables, Hummus, Grilled Tomato, Sweet Potato Fries	

PASTA (Gluten Free Available) 75

Penne or Spaghetti (D)(G)

Choose Your Favourite Sauce:
Homemade Bolognese Sauce
Carbonara with Turkey Bacon
Creamy Wild Mushroom

SIDE DISHES

Sweet Potato Fries	45
Mashed Potato	35
Sautéed Mushrooms	30
Creamy Spinach	30
Steamed Broccoli	30

DESSERTS

Chocolate Royal (D)(G)(N)(E)	45
Crunchy Praline Base, Dark Chocolate Mousse, Hazelnut Dacquoise	
Tahitian Vanilla Crème Brûlée (D)(G)(E)	40
Caramelized Brown Sugar	
Apple Tart (G)(D)(E)(N)	45
Honey Mascarpone, Vanilla Ice Cream	
Lemon Cheese Cake (D)(G)	45
Strawberry Coulis	
Exotic Fresh Fruit Platter	40
Sticky Toffee Pudding (G)(N)(D)(E)	45
Toffee Sauce, Vanilla Ice Cream	

(E) Egg (D) Dairy (A) Alcohol (V) Vegetarian (N) Nuts (SF) Seafood (G) Gluten (SE) Sesame (SOY) Soya (SUL) Sulfite (CEL) Celery (MU) Mustard (LUP) Lupin (Glu) Bee Glue (JEL) Jelly (BP) Bee Pollen

All prices are inclusive of 7% Municipality fee, 10% service charge and 5% VAT