

MEMBERSHIP DURATION

Six Months			
Single	Couple	Family + 1	Family +2
6,250	10,940	11,460	11,980

12 MONTHS

- Introduction to the Fitness Centre and a complimentary fitness consultation
- Twelve complimentary 60-minute personal training sessions - one per month
- Two complimentary 60-minute full-body massages
- Two complimentary 30-minute facials
- Unlimited beach access for members
- Twelve complimentary guest passes for access to the adult or family pool and beach
- 30% off all regular spa treatments
- 25% off at any of the hotel's dining outlets except ZETA 77 (excludes house beverages & tobacco products)
- 20% off for all group classes
- Unlimited access to the adult and family pool and Fitness Centre
- Complimentary valet parking

MEMBERSHIP DURATION

12 Months			
Single	Couple	Family + 1	Family +2
11,980	20,840	21,345	21,875

CORPORATE RATE - SINGLE

MEMBERSHIP DURATION

Six Months	12 Months
4,375	8,340

PERSONAL TRAINING

Combining the finest equipment with the expect attention of a personal trainer yields the best results, whether for weight loss, muscle toning or simply being more fit and functional. At the Fitness Centre , our personal trainers pay careful attention to your goals and leverage their experience and expertise to provide you with intelligently tailored programs that are reassuringly effective.

MEMBERSHIP PACKAGES

60 minutes	250
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DAY PASS FOR GYM

Non members	210
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TERMS AND CONDITIONS

- Membership are non-transferable and non-refundable , and renewals are subject to availability and approval of the management.
- Membership card must be presented at the time of entry (including Spa and F&B outlets).
- Preferential price benefits can be applied to a maximum of 4 guests at the member's table and must be claimed at the time of bill settlement at the hotel's dining outlets (the check to be signed by a member).
- Preferential price benefits do not apply to brunch, house beverages, -over festive season or in conjunction with any other special promotions.
- Preferential price benefits do not apply on Spa packages and Spa promotions, and cannot be combined with other offers.
- Terms and conditions are subject to change without prior notice.

CONTACT US

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WHERE *Life* HAPPENS

All prices are in AED and are inclusive of 7% municipality fee + 10% service charge + 5% VAT



Fitness

AT

ADDRESS

FITNESS CENTRE

A NEW PARADIGM OF FITNESS

Presenting an altogether new ideal of fitness and health at Address Beach Resort, the Fitness Centre takes a refreshing approach to the achievement of a balanced lifestyle. World class equipment, uniquely qualified personal trainers and an energetic atmosphere blend perfectly for a lively and enjoyable experience.

OPERATING HOURS

Fitness Centre is open from 6.00AM to 10.00PM daily and is located on the 75th floor



MEMBERSHIP PACKAGES

Family includes two adults and up to two children below 12 years old. For each additional child, a minimum surcharge of AED 500 will apply.

Children aged between 4 and 12 years old are entitled to one complimentary access to the Qix Club. Each additional hour will be charged at the rate of AED 60 per hour.

ONE MONTH				
Introduction to the Fitness Centre and a complimentary fitness consultation				
One complimentary 30-minute personal training session				
One complimentary guest pass for access to the adult or family pool and beach				
30% off all regular spa treatments				
25% off at any of the hotel's dining outlets except ZETA 77 (excludes house beverages & tobacco products)				
Unlimited access to the adult and family pool and Fitness Centre				
Complimentary valet parking				

MEMBERSHIP DURATION

One Month			
Single	Couple	Family + 1	Family +2
1,200	1,980	2,500	3,020

THREE MONTHS

Introduction to the Fitness Centre and a complimentary fitness consultation			
Three complimentary 60-minute personal training sessions			
Three complimentary guest passes for access to the adult or family pool and beach			

One complimentary 30-minute back, neck and shoulder massage			
One complimentary 30-minute facial			
30% off all regular spa treatments			
25% off at any of the hotel's dining outlets except ZETA 77 (excludes house beverages & tobacco products)			
20% off for all group classes			
Unlimited access to the adult and family pool and Fitness Centre			
Complimentary valet parking			

MEMBERSHIP DURATION

Three Months			
Single	Couple	Family + 1	Family +2
3,340	5,730	6,250	6,770

SIX MONTHS

Introduction to the Fitness Centre and a complimentary fitness consultation			
Six complimentary 60-minute personal training sessions - one per month			
Six complimentary guest passes for access to the adult or family pool and beach			
Two complimentary 30-minute back, neck and shoulder massages			
Two complimentary 30-minute facials			
Unlimited beach access for the members			
30% off all regular spa treatments			
25% off at any of the hotel's dining outlets except ZETA 77 (excludes house beverages & tobacco products)			
20% off for all group classes			
Unlimited access to the adult and family pool and Fitness Centre			
Complimentary valet parking			